

Henry Wising, leg psykolog,  
leg psykoterapeut,  
specialist i klinisk psykologi,  
handledare i psykoterapi &  
psykosocialt arbete

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## Curriculum vitae

### Examina, legitimationer, specialistkompetenser

1976: Fil kand.  
1982: Psykologlegitimation  
1983: Psykologexamen  
1989: Psykoterapeutlegitimation  
1991: Handledarutbildning  
1996: Psykologförbundets specialistkompetens i klinisk psykologi: åtgärder, behandling, rådgivning  
1996: Psykologförbundets specialistkompetens i klinisk psykologi: konsultation, handledning

### Anställningar (tjänstgöring som psykolog)

1976: Södra klinikerna (psykiatri), Jönköping  
1976-79: Medicinsk rehabilitering, Jönköping  
1979-83: Medicinsk rehabilitering, Göteborg  
1980-82: Yrkesmedicinska kliniken, Göteborg  
1979-85: Psykiatriska polikliniken, Östra sjukhuset  
1982, 1983, 1984: Klinik IV, Lillhagens sjukhus (psykiatri)  
1985-91: Universitetskliniken/ Klinik 3, Lillhagens sjukhus (psykiatri)  
1991 - 2001: Ami, Göteborg (arbetslivsinriktad rehabilitering)

### Privat verksamhet

1987 - 2001: verksam på deltid i egen verksamhet: psykoterapi, handledning, konsultationer och undervisning  
2001 - fortfarande: dito på heltid

### Övriga vidareutbildningar, fortbildningar, föreläsningsserier och kongresser, som jag har deltagit i efter 1990 och som har varit minst tre dagar långa

1990: *Systems and Family Therapy: Ethics, Epistemologies, New Methods*, kongress, C.E.C.C.O.F, Paris, Frankrike.  
1991: *The End of Grand Designs and the Flowering of Systemic Practice*, kongress, Abteilung für Psychoanalytische Grundlagenforschung m.fl. Heidelberg, Tyskland.  
1992: *Feelings and Systems: A Challenge for Family Therapy*, kongress, European Family Therapy Association, Sorrento, Italien.  
1993: *Psychotic States*, kongress, European Federation for Psychoanalytic Psychotherapy, Le Coq, Belgien.  
*Neuropsykologernas Studiedagar*, Göteborg  
1994: *Myers-Briggs Type Indicator*, utbildning, Sandviken.  
*Daniel Stern, The World of Infant Research and Adult Psychotherapy*, New

- England Educational Institute, Massachusetts, USA.  
*Arbetsmarknadsverkspsykologernas studiedagar*, Köpenhamn, Danmark.
- 1995: *Neuropsykologiska metoder*, 20 p, Psykologiska Institutionen, Göteborgs Universitet.  
*Judith Beck, Cognitive Therapy Applied to Difficult Disorders*, New England Educational Institute, Massachusetts, USA.  
*5th Nordic Meeting in Neuropsychology*, Uppsala.  
*Arbetsmarknadsverkspsykologernas studiedagar*, Oslo, Norge.
- 1996: *William O' Hanlon, M.S., Rewriting Love Stories: Brief Solution-Oriented Therapy with Couples*, New England Educational Institute, Massachusetts, USA  
*Kriser hos Individer, i grupper och i samhället*, 19:e Nordiska Psykologkongressen, Sollentuna  
*Forskningsrapportering*, 10 p, specialistkompetenskurs, Psykologiska Institutionen, Göteborgs Universitet.
- 1997: *Shawn Shea, M.D., Rapid Single Session Assessment in the Age of Managed Care*, New England Educational Institute, Massachusetts, USA.
- 1998: *Theodore Millon, Ph.D., Disorders of Personality: DSM -IV and Beyond*, New England Educational Institute, Massachusetts, USA.  
*International Congress on Constructivism in Psychotherapy*, Siena, Italien.
- 1999: *The Fourth London International Conference on Eating Disorders*, London, United Kingdom.  
*Michelle Craske, Ph.D., Facing Fears and Controlling Worry: Latest Theoretical and Empirical Developments for Treating Anxiety Disorders*, New England Educational Institute, Massachusetts, USA.
- 2000: *European Federation for Psychoanalytic Psychotherapy in the Public Sector Millennium Conference, "Changing Times, Changing Relationships"*, Oxford, United Kingdom.
- 2001: *Kenneth Minkoff, M.D., Integrated Treatment Models for Dual Diagnosis*, New England Educational Institute, Massachusetts, USA.
- 2002: *Donald Meichenbaum, Ph.D., Angry and Aggressive Behavior: A Life-span Treatment Approach*, New England Educational Institute, Massachusetts, USA.
- 2003: *26th Annual Psychotherapy Networker Symposium*, Washington, D. C. USA.  
*XIII Annual Congress of the European Association of Behavioural and Cognitive Therapies*, Prag, Tjeckien.
- 2004: *27th Annual Psychotherapy Networker Symposium*, Washington, D. C. USA.  
*4<sup>th</sup> World Congress of Behavioral and Cognitive Therapies*, Kobe, Japan.
- 2005: *28th Annual Psychotherapy Networker Symposium*, Washington, D. C. USA.  
*5th International Congress of Cognitive Psychotherapy*, Göteborg, Sverige.
- 2006: *Den stressade Hjärnan*, Peter Währborg, Docent, MD, PhD, Leg läkare, Leg psykolog, Leg psykoterapeut, Göteborg.  
*Stress och den nya ohälsan*, Peter Währborg, Docent, MD, PhD, Leg läkare, Leg psykolog, Leg psykoterapeut, Göteborg.  
*36th Annual Conference of European Association for Behavioural and Cognitive Therapies*, Paris, Frankrike.
- 2007: *30:th Anniversary Psychotherapy Networker Symposium*, Washington, D. C. USA.  
*XIIIth European Congress of Work and Organizational Psychology*, Stockholm, Sverige.  
*5<sup>th</sup> World Congress of Behavioral and Cognitive Therapies*, Barcelona, Spanien.  
*9<sup>th</sup> Nordic Meeting in Neuropsychology*, Göteborg, Sverige.
- 2008: *31:st Annual Psychotherapy Networker Symposium*, Washington, D. C. USA.
- 2009: *32:nd Annual Psychothereapy Networker Symposium*, Washington, D. C. USA.  
*The 19:th WAS World Congress for Sexual Health*, Göteborg, Sweden.  
*The Evolution of Psychotherapy Conference*, The Milton H. Erickson Foundation, Anaheim, California, USA.

- 2010: *10:th Nordic Meeting in Neuropsychology, Aalborg, Danmark.  
XI Congress of European Association for Behavioural and Cognitive Therapies, Milano, Italien.*
- 2011: *7:th International Congress of Cognitive Psychotherapy, Istanbul, Turkiet  
Sveriges neuropsykologers förenings riksstämma, Växjö*
- 2012: *International Neuropsychological Mid-Year Meeting 2012: The Changing Brain, Oslo, Norge  
EABCT/European Association for Behavioural and Cognitive Therapies 42<sup>nd</sup> Annual Congress: Psychotherapy and Neuroscience - Evidence and Challenges for CBT, Genève, Schweiz*
- 2013: *The Evolution of Psychotherapy Conference, Anaheim, Los Angeles, California.  
EABCT/European Association for Behavioural and Cognitive Therapies 43<sup>rd</sup> Congress, Marrekech, Morocco.*
- 2014: *3<sup>rd</sup> Nordic Conference in Work Rehabilitation, Kolmården.  
8:th International Congress of Cognitive Psychotherapy/ICCP 2014, Hong Kong, China.  
The New Brief Therapy: Treating Anxiety, Depression and Trauma, The Milton H. Erickson Foundation, Orange County, California, USA.*
- 2015: *The Couples Conference, The Milton H. Erickson Foundation, The Couple Institute, Manhattan Beach, California.  
45:th Annual EABCT Congress, European Association for Behavioural and Cognitive Therapies, Jerusalem, Israel.*
- 2016: *INS/ International Neuropsychological Society 44<sup>th</sup> Annual Meeting, Boston, Massachusetts, USA.  
International Neuropsychological Society, The British Neuropsychological Society, The British Psychological Society, INS 2016 Mid-Year Meeting, From Neurons to Neurorehabilitation, London, Storbritanien.*
- 2017: *The Evolution of Psychotherapy Conference, Anaheim, Los Angeles, California.*
- 2018: *The 13:th Nordic Meeting in Neuropsychology, Stockholm.  
48:th Congress of the European Association for Behavioural and Cognitive Therapies/ EABCT, Sofia, Bulgaria.*
- 2019: *The International Neuropsychological Society 47:th Annual Meeting, "Embracing the Biopsychosocial Melting Pot", New York City, New York.*
- 2022: *Via länk: The Evolution of Psychotherapy Conference, Orlando, Florida, USA*